

CHAPTER 7: DEPRESSION AND MOOD DISORDERS

LINKS TO JOURNAL ARTICLES

Links in **bold** are open access articles.

The Prevalence and Diagnosis of Major Depression & Bipolar Disorder

[Cuellar AK, Johnson SL & Winters R. \(2005\) Distinctions between bipolar and unipolar depression. *Clinical Psychology Review*, 25, 307-339.](#)

Kessler R.C., Nelson C.B., McGonagle K.A., Liu J., Schwartz M. & Blazer D.G. (1996) Comorbidity of DSM-III-R major depressive disorder in the general population: Results from the US national comorbidity survey. *British Journal of Psychiatry*, 168 [supp], 17-30.

[Kessler RC, Rubinow DR, Holmes C, Abelson JM & Zhao S. \(1997\) The epidemiology of DSM-III-R Bipolar Disorder in a general population survey. *Psychological Medicine*, 27, 1079-1089.](#)

[Nolen-Hoeksema S. \(2001\) Gender differences in depression. *Current Directions in Psychological Science*, 10, 173-176.](#)

[Patten SB. \(2003\) International differences in major depression prevalence: What do they mean? *Journal of Clinical Epidemiology*, 56, 711-716.](#)

The Aetiology of Depression & Bipolar Disorder

[Abramson LY, Metalsky GI & Alloy LB \(1989\) Hopelessness depression: A theory-based subtype of depression. *Psychological Review*, 96, 358-372.](#)

[Abramson LY, Seligman MEP & Teasdale JD. \(1978\) Learned helplessness in humans: Critique and reformulation. *Journal of Abnormal Psychology*, 87, 49-74.](#)

Blatt SJ (1998) Contributions of psychoanalysis to the understanding and treatment of depression. *Journal of the American Psychoanalytic Association*. 46, 723-752.

[Davidson R.J., Pizzagalli D., Nitschke J.B. & Putnam K. \(2002\) Depression: Perspectives from affective neuroscience. *Annual Review of Psychology*, 53, 545-574.](#)

[Delgado PL & Moreno FA \(2000\) Role of norepinephrine in depression. *Journal of Clinical Psychiatry*, 61, 5-12.](#)

[Kelsoe J.R. \(2003\) Arguments for the genetic basis of the bipolar spectrum. *Journal of Affective Disorders*, 73, 183-197.](#)

[Kwon P. & Laurenceau JP \(2002\) A longitudinal study of the hopelessness theory of depression: Testing the diathesis-stress model within a differential reactivity and exposure framework. *Journal of Clinical Psychology*, 58, 1305-1321.](#)

[Levinson DF \(2006\) The genetics of depression: A review. *Biological Psychiatry*, 60, 84-92.](#)

Magnusson A & Boivin D. (2003) Seasonal affective disorder: An overview. *Chronobiology International*, 20, 189-207.

[Metalsky GI, Joiner TE, Hardin TS & Abramson LY. \(1993\) Depressive reactions to failure in a naturalistic setting – A test of the Hopelessness and Self-Esteem theories of depression. *Journal of Abnormal Psychology*, 102, 101-109.](#)

[Newberg AR, Catapano LA, Zarate CA & Manji HK \(2008\) Neurobiology of bipolar disorder. *Expert Review of Neurotherapeutics*, 8, 93-110.](#)

Saveanu RV & Nemeroff CB (2012) Etiology of depression: Genetic and environmental factors. *Psychiatric Clinics of North America*, 35, 51.

[Segrin C. \(2000\) Social skills deficits associated with depression. *Clinical Psychology Review*, 20, 379-403.](#)

The Treatment of Depression & Mood Disorders

[DeRubeis RJ, Hollon SD, Amsterdam JD, Shelton RC, Young PR, Salomon RM, O'Reardon JP, Lovett ML, Gladis MM, Brown LL & Gallop R. \(2005\) Cognitive therapy vs medications in the treatment of moderate to severe depression. *Archives of General Psychiatry*, 62, 409-416.](#)

[Hofmann SG, Sawyer AT, Witt AA & Oh D \(2010\) The effect of mindfulness-based therapy on anxiety and depression: A meta-analytic review. *Journal of Consulting & Clinical Psychology*, 78, 169-183.](#)

[Hopko DR, Lejuez CW, Ruggiero KJ & Eifert GH. \(2003\) Contemporary behavioural activation treatments for depression: Procedures, principles, and progress. *Clinical Psychology Review*, 23, 699-717.](#)

[Kupfer DJ, Frank E & Phillips ML \(2012\) Major depressive disorder: New clinical, neurobiological, and treatment perspectives. *The Lancet*, 379, 1045-1055.](#)

[Teasdale JD, Segal ZV, Williams JMG, Ridgeway VA, Soulsby JM & Lau MA. \(2000\) Prevention of relapse/recurrence in major depression by mindfulness-Based Cognitive Therapy. *Journal of Consulting & Clinical Psychology*, 68, 615-623.](#)

[Thase M. & Kupfer D.J. \(1996\) Recent developments in the pharmacotherapy of mood disorders. *Journal of Consulting & Clinical Psychology*, 64, 646-659.](#)

[Turner JS & Leach DJ \(2012\) Behavioural activation therapy: Philosophy, concepts and techniques. *Behaviour Change*, 29, 77-96.](#)

Deliberate Self-Harm & Suicide

[Borges G, Nock M K, Abad J M H, Hwang I et al. \(2010\) Twelve-month prevalence of and risk factors for suicide attempts I the World Health Organization world mental health surveys. *Journal of Clinical Psychiatry*, 71, 1617-1628.](#)

Evans E., Hawton K. & Rodham K. (2004) Factors associated with suicidal phenomena in adolescents: A systematic review of population-based studies. *Clinical Psychology Review*, 24, 957-979.

Hawton K., Rodham K., Evans E. & Weatherall R. (2002) Deliberate self-harm in adolescents: Self report survey in schools in England. *British Medical Journal*, 325, 1207-1211.

Nock MK (2010) Self-injury. *Annual Review of Clinical Psychology*, 6, 339-363.

Sisack M & Varnik A (2012) Media roles in suicide prevention: A systematic review. *International Journal of Environmental Research & Public Health*, 9, 123-138.

TEXTS FOR FURTHER READING

- Donnellan C. (2003) (Ed) Coping with depression. Cambridge: Independence.
- Herrman H, Maj M & Sartorius N (2009) Depressive disorders. Wiley.
- Kaspar S & Hirschfeld R (2005) Handbook of bipolar disorder: Diagnosis and therapeutic approaches. Informa Healthcare.
- Moore RG & Garland A. (2003) Cognitive therapy for chronic and persistent depression. Chichester: Wiley.
- O'Connor R, Platt S & Gordon J (2011) International handbook of suicide prevention – Research, policy and practice. Wiley-Blackwell.
- Reynolds WM & Johnston HF (1994) (Eds) Handbook of depression in children and adolescents. New York: Plenum.
- Power M (2005) (Ed) Mood disorders: A handbook of science and practice. Chichester: Wiley.
- Power M (2013) The Wiley-Blackwell Handbook of Mood Disorders. Wiley-Blackwell.
- Yufit RI & Lester D. (2004) (Eds) Assessment, treatment, and prevention of suicidal behavior. Chichester: Wiley.