

CHAPTER 6: ANXIETY AND STRESSOR-RELATED PROBLEMS

LINKS TO JOURNAL ARTICLES

Links in **bold** are open access articles.

Anxiety (General)

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[Haug T, Nordgreen T, Goran Ost L & Havik OE \(2012\) Self-help treatment of anxiety disorders: A meta-analysis and meta-regression of effects and potential moderators. *Clinical Psychology Review*, 32, 425-445.](#)

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- [Del Casale A, Ferracuti S, Rapinesi C, Serata D et al. \(2012\) Functional neuroimaging in specific phobia. *Psychiatry Research: Neuroimaging*, 202, 181-197.](#)
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- [Merckelbach H., de Jong P.J., Muris P. & van den Hout M. \(1996\) The etiology of specific phobias: A review. *Clinical Psychology Review*, 16, 337-361.](#)
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- [Seligman M.E.P. \(1971\) Phobias and preparedness. *Behavior Therapy*, 2, 307-320.](#)
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- [Rodebaugh TL & Chambless DL \(2004\) Cognitive therapy for performance anxiety. *Journal of Clinical Psychology*, 60, 809-820.](#)
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[Bouton ME, Mineka S. & Barlow DH. \(2001\) A modern learning theory perspective on the etiology of panic disorder. *Psychological Review*, 108, 4-32.](#)

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[Brewin CR & Holmes EA \(2003\) Psychological theories of posttraumatic stress disorder. *Clinical Psychology Review*, 23, 339-376.](#)

[Cukor J, Spitalnick J, Difede J, Rizzo A & Rothbaum BO \(2009\) Emerging treatments for PTSD. *Clinical Psychology Review*, 29, 715-726.](#)

[Ehlers A, Bisson J, Clark DM, Creamer M et al. \(2010\) Do all psychological treatments really work the same in posttraumatic stress disorder? *Clinical Psychology Review*, 30, 269-276.](#)

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McNally RJ, Bryant RA & Ehlers A (2003) Does early psychological intervention promote recovery from posttraumatic stress? *Psychological Science*, supplement, 45-79.

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TEXTS FOR FURTHER READING

- Davey G.C.L. & Wells A. (Eds) (2006) *Worry and its psychological disorders: Theory, assessment and treatment*. Chichester: Wiley.
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