

Activity 12.1

The Pathological Consequences of Personality Disorders

After having read the various diagnostic characteristics of the main personality disorders in Section 12.2, see if you can fill in the specific personality disorders that may have the problematic behavioural styles and pathological outcomes listed below (see page 2 for the answers).

PERSONALITY DISORDERS	EXAMPLES OF PROBLEMATIC BEHAVIOURAL STYLE	PATHOLOGICAL CONSEQUENCE OF THE BEHAVIOURAL STYLE
	Behaviour that avoids potential relationships (e.g. withdrawal) or that disrupts relationships (e.g. confrontational, self-oriented behaviour).	Relationship problems: Inability to form lasting relationships or turbulent or problematic relationships.
	Behaviours associated with fear of rejection, criticism and abandonment.	Development of Axis I anxiety disorders
	Behaviours associated with fear of rejection, criticism and abandonment.	Development of comorbid Major Depression, self-harm, suicidal ideation.
	Impulsive behaviour; aggressive, angry reactions; behaviours aimed at remorseless short-term self-gain.	Behaviour causes impairment in occupational functioning and educational underachievement.
	Avoidance of interaction with others; emotional lability; consistent failure to honour obligations (irresponsibility)	Behaviour causes impairment in occupational functioning and educational underachievement

Answers

PERSONALITY DISORDERS	EXAMPLES OF PROBLEMATIC BEHAVIOURAL STYLE	PATHOLOGICAL CONSEQUENCE OF THE BEHAVIOURAL STYLE
Schizoid Avoidant Paranoid Antisocial Borderline Narcissistic Histrionic Dependent	Behaviour that avoids potential relationships (e.g. withdrawal) or that disrupts relationships (e.g. confrontational, self-oriented behaviour).	Relationship problems: Inability to form lasting relationships or turbulent or problematic relationships.
Schizotypal Borderline Avoidant Dependent	Behaviours associated with fear of rejection, criticism and abandonment.	Development of Axis I anxiety disorders
Borderline Dependent Avoidant	Behaviours associated with fear of rejection, criticism and abandonment.	Development of comorbid Major Depression, self-harm, suicidal ideation.
Antisocial Borderline	Impulsive behaviour; aggressive, angry reactions; behaviours aimed at remorseless short-term self-gain.	Behaviour causes impairment in occupational functioning and educational underachievement.
Most personality disorders, particularly antisocial, borderline and avoidant	Avoidance of interaction with others; emotional lability; consistent failure to honour obligations (irresponsibility)	Behaviour causes impairment in occupational functioning and educational underachievement