

CHAPTER 10: EATING DISORDERS

LINKS TO JOURNAL ARTICLES

Links in **bold** are open access articles.

Diagnosis & Prevalence

Dingemans AE, Bruna MJ & van Furth EF. (2002) Binge eating disorder: A review. *International Journal of Obesity*, 26, 299-307.

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Kessler RC, Berglund PA, Chiu WT, Deitz AC et al. (2013) The prevalence and correlates of binge eating disorder in the World Health Organization world mental health surveys. *Biological Psychiatry*, 73, 904-914.

McBride O, McManus S, Thompson J, Palmer RL & Brugha T (2013) Profiling disordered eating patterns and body mass index (BMI) in the English general population. *Social Psychiatry & Psychiatric Epidemiology*, 48, 783-793.

Miller MN & Pumariega AJ (2001) Culture and eating disorders: A historical and cross-cultural review. *Psychiatry: Interpersonal and Biological Processes*, 64, 93-110.

O'Brien KM & Vincent NK (2003) Psychiatric comorbidity in anorexia and bulimia nervosa: Nature, prevalence, and causal relationships. *Clinical Psychology Review*, 23, 57-74.

Smink FRE, van Hoeken D & Hoek HW (2012) Epidemiology of eating disorders: Incidence, prevalence and mortality rates. *Current Psychiatric Reports*, 14, 406-414.

Stice E, Marti CN & Rohde P (2013) Prevalence, incidence, impairment, and course of the proposed DSM-5 eating disorder diagnoses in an 8-year prospective community study of young women. *Journal of Abnormal Psychology*, 122, 445-457.

Striegel-Moore RH & Franko DL (2003) Epidemiology of binge-eating disorder. *International Journal of Eating Disorders*, 34, 19-29.

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[Vohs KD, Bardone AM, Joiner TE, Abramson LY & Heatherton TF \(1999\) Perfectionism, perceived weight status, and self-esteem interact to predict bulimic symptoms: A model of bulimic symptom development. *Journal of Abnormal Psychology*, 108, 695-700.](#)

Cultural & Demographic Differences in Eating Disorders

[Keel PK & Klump KL \(2003\) Are Eating disorders culture-bound syndromes? Implications for conceptualising their etiology. *Psychological Bulletin*, 129, 747-769.](#)

[Napolitano MA & Himes S \(2011\) Race, weight, and correlates of binge eating in female college students. *Eating Behaviors*, 12, 29-36.](#)

The Aetiology of Eating Disorders

[Berridge KC, Ho C-Y, Richard JM & DiFeliceantonio AG \(2010\) The tempted brain eats: Pleasure and desire circuits in obesity and eating disorders. *Brain Research*, 1350, 43-64.](#)

[Carretero-Garcia A, Planell LS, Doval E, Estragues JR et al. \(2012\) Repeated traumatic experiences in eating disorders and their association with eating symptoms. *Eating & Weight Disorders – Studies on Anorexia Bulimia and Obesity*, 17, E267-E273.](#)

[Fairburn CG, Shafran R & Cooper Z \(1999\) A cognitive behavioural theory of anorexia nervosa. *Behaviour Research & Therapy*, 37, 1-13.](#)

[Hausenblas HA, Campbell A, Menzel JE, Doughty J et al. \(2013\) Media effects of experimental presentation of the ideal physique on eating disorder symptoms: A meta-analysis of laboratory studies. *Clinical Psychology Review*, 33, 168-181.](#)

[Jacobi C, Hayward C, de Zwaan M, Kraemer HC & Agras WS \(2004\) Coming to terms with risk factors for eating disorders: Application of risk terminology and suggestions for a general taxonomy. *Psychological Bulletin*, 130, 19-65.](#)

[Keel PK & Forney KJ \(2013\) Psychosocial risk factors for eating disorders. *International Journal of Eating Disorders*, 46, 433-439.](#)

[Lampard AM, Tasca GA, Balfour L & Bissada H \(2013\) An evaluation of the transdiagnostic cognitive-behavioural model of eating disorders. *European Eating Disorders Review*, 21, 99-107.](#)

[Lindberg L. & Hiern A \(2003\) Risk factors for anorexia nervosa: A national cohort study. *International Journal of Eating Disorders*, 34, 397-408.](#)

[Polivy J & Herman CP \(2002\) Causes of eating disorders. *Annual Review of Psychology*, 53, 187-213.](#)

[Rodgers R, Chabrol H & Paxton SJ \(2011\) An exploration of the tripartite influence model of body dissatisfaction and disordered eating among Australian and French college women. *Body Image*, 8, 208-215.](#)

[Stice E. \(2001\) A prospective test of the dual-pathway model of bulimic pathology: Mediating effects of dieting and negative affect. *Journal of Abnormal Psychology*, 110, 124-135.](#)

[Trace SE, Baker JH, Penas-Lledo E & Bulik CM \(2013\) The genetics of eating disorders. *Annual Review of Clinical Psychology*, 9, 589-620.](#)

[Vohs KD, Bardone AM, Joiner TE, Abramson LY & Heatherton TF \(1999\) Perfectionism, perceived weight status, and self-esteem interact to predict bulimic symptoms: A model of bulimic symptom development. *Journal of Abnormal Psychology*, 108, 695-700.](#)

[**Walsh BT \(2013\) The enigmatic persistence of anorexia nervosa. *American Journal of Psychiatry*, 170, 477-484.**](#)

[Watson HJ, Steele AL, Bergin JL, Fursland A & Wade TD \(2011\) Bulimic symptomatology: The role of adaptive perfectionism, shape and weight concern, and self-esteem. *Behaviour Research & Therapy*, 49, 565-572.](#)

The Treatment of Eating Disorders

[Anderson DA & Maloney KC \(2001\) The efficacy of cognitive-behavioral therapy on the core symptoms of bulimia nervosa. *Clinical Psychology Review*, 21, 971-988.](#)

Bellini M & Merli M (2004) Current drug treatment of patients with bulimia nervosa and binge-eating disorder: Selective serotonin reuptake inhibitors versus mood stabilizers. *International Journal of Psychiatry in Clinical Practice*, 8, 235-243.

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[Claudino AM, Hay P, Lima MS, Bacaltchuk et al. \(2006\) Antidepressants for anorexia nervosa. *Cochrane Database of Systematic Reviews*, 1.](#)

[**Cooper Z & Fairburn CG \(2011\) The evolution of “Enhanced” cognitive behaviour therapy for eating disorders: Learning from treatment nonresponse. *Cognitive & Behavioural Practice*, 18, 394-402.**](#)

[**Dallos R. \(2004\) Attachment narrative therapy: Integrating ideas from narrative and attachment theory in systemic family therapy with eating disorders. *Journal of Family Therapy*, 26, 40-65.**](#)

[Downs KJ & Blow AJ \(2013\) A substantive and methodological review of family-based treatment for eating disorders: The last 25 years of research. *Journal of Family Therapy*, 35, 2-28.](#)

[**Fairburn CG, Cooper Z, Doll HA, O'Connor ME et al. \(2013\) Enhanced cognitive behaviour therapy for adults with anorexia nervosa: A UK-Italy study. *Behaviour Research & Therapy*, 51, 2-8**](#)

[Hay P \(2013\) A systematic review of evidence for psychological treatments in eating disorders: 2005-2012. *International Journal of Eating Disorders*, 46, 462-469.](#)

Kruger S & Kenndey SH (2000) Psychopharmacotherapy of anorexia nervosa, bulimia nervosa and binge-eating disorder. *Journal of Psychiatry & Neuroscience*, 25, 497-508.

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TEXTS FOR FURTHER READING

- Treasure J, Schmidt U & van Furth E (2003) Handbook of eating disorders. Chichester: Wiley. Second Edition.
- Fairburn CG (2008) Cognitive Behaviour Therapy & Eating Disorders. Guilford Press.
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- Levine MP, Smolak LL & Striegel-Moore R. (1996) The developmental psychopathology of eating disorders: Implications for research, prevention and treatment. Hillsdale, NJ: Erlbaum.
- Treasure J, Schmidt U & van Furth E (2005) The essential handbook of eating disorders. Chichester: Wiley.
- Zweig RD & Leahy RL (2012) Treatment plans and interventions for Bulimia and binge-Eating Disorder. Guilford Press.